



RISK REMINDER

January 2022

Name: _____ Company: _____

The Importance of Proper Footwear

Having the right footwear when you work is critical to your safety and the prevention of injuries. The right footwear can help you avoid many hazards, such as injury from heavy objects falling or rolling on your feet, working in wet or oily areas, temperature extremes and the prevention of slip, trip and falls.



What is the right footwear for you? The tasks that you complete every day should dictate the appropriate protection you need to minimize workplace injuries.

Once you know the protection you need, get the right size:

1. Try shoes on in the afternoon or after work, when feet are at their largest.
2. Ensure the shoe has a half inch of space between your big toe and the tip of the shoe.
3. When laced the shoe should fit snug around the your heel and ankle.
4. Get your footwear in advance to break them in before having to work in them.

What is a slip resistant sole?

A slip resistant sole has the following characteristics:



It will have a tread pattern of geometric shapes such as circles and hexagons. The tread panel will have a drainage channel that diverts contaminants away from the bottom of the sole.

The tread pattern will create friction with the floor/ground without collecting water underneath the tread itself.

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