



Name: _____ Company: _____

Elevated Work *What You Need to Know!*

OSHA Requirement:

Employers must set up the workplace to prevent employees from falling off of overhead platforms, elevated work stations or into holes in the floor and walls. OSHA requires that fall protection be provided at elevations of **four feet** in general industry workplaces, five feet in shipyards, six feet in the construction industry and eight feet in longshoring operations. In addition, OSHA requires that fall protection be provided when working over dangerous equipment and machinery, regardless of the fall distance.



Common Employee Exposures:

- Truck Loading/Unloading
- Load Tarping
- Equipment/Maintenance Repair/Shop areas/Placard removal

What can you do to keep employees safe?

- Educate: educate employees on the OSHA regulation
- Provide equipment: portable ladders, sturdy ladders, manlifts, fall protection
- Work with customers on safety practices
- Engineering controls: shop areas, portable or permanent

Contact your MTRMA Loss Control Consultant for assistance on your Elevated Work Program!

Questions:

1. **True or False?** Any work conducted above 4 feet is considered elevated work? _____
2. **Yes or No?** Should an employee use fall protection when removing a placard from the top right corner of a trailer? _____

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For more information contact your Loss Prevention Consultant at 800-252-5059.