## **Road Construction Safety**



MTRMA's goal to provide helpful information in order to assist members in the efforts of reducing work place injuries.

Please review the accident scenario to analyze if any safety controls are needed within your organization, to help prevent a similar event from occurring.

**Topic**: Distracted Driving causing MVA, 5 semis

**Accident Scenario**: A semi driver was distracted (still under investigation) and rear ended another semi

stopped in a construction zone, causing a 5 truck pile up. Causing the Interstate to be closed for over 8 hours.

## Potential Discussion Points/Preventative Actions:

- 1. All drivers (especially interstate/over the road drivers) should always be aware of construction zones.
- 2. Get enough sleep before hitting the road!
- 3. Turn off distractions! Drivers should never be on phones, or looking at their phones while driving. Pull over to a safe place to use electronic devices!
- 4. Mental health!! There are other distractions that can cause distracted driving; personal lives, work lives and health issues. Ensure you are mentally healthy to drive without feeling distracted.
- 5. Recognize the feelings of distraction. Are you nodding off? Daydreaming? Not exactly sure what exits/towns you've passed? These are signs of distractions. Pull over, this can save your life and the life of others!

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