



# RISK REMINDER

September 2024

Name: \_\_\_\_\_ Company: \_\_\_\_\_

## Pedestrian Safety

September is Pedestrian Safety Month. Although your profession is a driver, you could also be a pedestrian when you are walking through parking lots, docks and warehouses. The following are safety tips for pedestrians and drivers:

### Pedestrians

- Ditch the distractions. Keep your eyes up and phones down, especially when crossing areas where trucks and forklifts travel.
- Always use designated marked walkways, avoid walking in-between trucks or trailers.
- Make eye contact and nod or wave at drivers. A quick nod or wave is an easy way to let a driver know you see them, and they see you.
- Be extra careful crossing streets or entering crosswalks at night when it is harder to see. Get in the habit of walking with a flashlight or wearing a reflective vest so it is easier for drivers to spot you. Contact your MTRMA Loss Control Rep for reflective vests and hats.
- If you need to briefly walk into the street, remember to look both ways for cars.

### Drivers

- Double check when pulling away from or backing into docks and other congested parking areas.
- Avoid distractions, which includes cell phones, eating, using in-dash touch screens, or turning to talk to passengers.
- Slow down on busy streets and approaching intersections, especially around schools.
- Be extra careful approaching crosswalks and walkways. Be prepared to stop for pedestrians. Stop prior to the crosswalk or walkway.
- Try to avoid blocking the crosswalk when making a right-hand turn.
- Have your headlights on and slow down at night when pedestrians are harder to see. Use your horn if needed.



### TRUE OR FALSE:

1. It's okay to walk next to parked trailers without paying attention to your surroundings.
2. Making eye contact with the driver is safe.